

DEPARTMENT OF PHARMACY SERVICES



INSTRUCTIONS—SAFE AND EASY

Medications that are no longer useful represent a risk to children, pets and our family members' health and wellness. The UCDH Department of Pharmacy Services offers safe and convenient methods to dispose unused medications or used sharps (needles, syringes and lancets).

Medications may be disposed of in one of the **Safe Medication Disposal Bins** located in the main hospital lobby or at the Lawrence J. Ellison Ambulatory Care Center. Alternatively, medication disposal-by-mail envelopes are available from any UCDH outpatient pharmacy. Prescription medications, including C2-C5 controlled substances, ointments, patches, pet medications, over-the-counter medications and vitamins are acceptable for disposal. Illegal drugs, clinical trial medications, sharps, inhalers, aerosol cans, hydrogen peroxide, thermometer, lotions and liquids are not accepted. Protect your privacy by removing personal information from the medication containers before disposal.

SHARPS: The UCDH Outpatient Pharmacies will provide you with a small home sharps container, at no charge, which may be returned to the pharmacy for proper disposal. Used sharps will only be accepted if returned in a sharps container. Never discard sharps in the garbage.



SAFE MEDICATION DISPOSAL DESECHO SEGURO DE MEDICAMENTOS

ACCEPTED/ ACEPTADOS



Prescriptions Medications
(including C2-C5 controlled substances)
Medicamentos Recetados
(incluidas las sustancias controladas C2-C5)

Prescription Ointments
Ungentos recetados

Prescription Patches
Parches recetados

Pet Medications
Medicamentos para mascotas

Over-the-Counter Medications
Medicamentos de venta libre

Vitamins
Vitaminas



NOT ACCEPTED/ NO ACEPTADOS

Illegal Drugs
Drogas Ilegales

Needles
Agujas

Inhalers and Aerosol Cans
Inhaladores y Latas de Aerosol

Lotions or Liquids
Locións o Líquidos

Hydrogen Peroxide
Agua Oxigenada

Thermometers
termómetros

To help ensure your privacy, please black out your name, medical record number from the prescription bottles.